



















WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
 	Pork Chop Mashed Potatoes Green Beans Roll Sweet & Sour Chicken Rice Green Beans Roll	Baked Ziti Yellow Squash Mixed Vegetable Bread Lemon Chicken Red Potatoes Italian Vegetables Bread	Crab Cakes Escallop Potatoes Baby Lima Dinner Roll Meatloaf Mashed Potatoes w/Gravy Green Beans Roll	Chili Cheese Dogs Broccoli Baby Carrots Dinner Roll Baked Chicken Baked Mac & Cheese Green Beans Roll	Baked or Fried Catfish Black Eyed Peas Yellow Rice Cornbread Grilled Chicken Breast Jo Jo Potatoes Turnip Greens Dinner Roll
	Mexican Bar	Breakfast Bar	Potato Bar	Italian Bar	Chicken Bar
	Made to order sandwiches. Choice of White, Wheat or specialty Bread Turkey, Ham, Roast Beef, Chicken Salad or Tuna Salad				
 	Chicken Sandwich, Chicken Tenders, French Fries, Pizza, Pizza Sticks, Breadsticks, Hot Wings & More				

WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday
 	Red Beans & Sausage Rice Cabbage Cornbread Rosemary Chicken Honey Carrots Roasted Potatoes Roll	Spaghetti w/Meat Sauce Italian Green Beans Salad Bread Stick Crab Cakes Yellow Squash Casserole Bahama Blend Vegetables	Hamburger Steak Mashed Potatoes w/Gravy Green Beans Roll Chicken & Rice Carrots Corn Roll	Chicken Marsala Roasted Red Potatoes Southern Green Beans Dinner Roll Stir Fry Pepper Steak Brown Rice Green Peas Roll	Steak Fingers Tater Tots Sliced Carrots Poppy Seed Chicken Rice Peas with Snap
	Tacos or Taco Salad	Breakfast Bar	Potato Bar	Italian Bar	Chicken Bar
	Made to order sandwiches. Choice of White, Wheat or Specialty Breads Turkey, Ham, Roast Beef, Chicken Salad or Tuna Salad				
 	Chicken Sandwich, Chicken Tenders, French Fries, Pizza, Pizza Sticks, Breadsticks, Hot Wings & More				

WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday
 	Pork Loin Cuban Style Rice Pilaf Roasted Vegetables Roll Tomato Basil Chicken Green Bean Casserole Mashed Potatoes Roll	Fried Chicken Mashed Potatoes w/Gravy Butter Beans Roll Turkey Dressing & Gravy Sweet Potatoes Roll	Lasagna French Green Beans Whole Kernel Corn Breadstick General Tao's Chicken Fried Rice Japanese Vegetables	Salisbury Steak Steamed Broccoli Fried Okra Roll Pot Roast Garlic Mashed Potatoes Green Beans Roll	Fried Catfish Curly Fries Collard Greens Cornbread Sesame Chicken Savory Yellow Rice Sautéed Mushrooms Roll
	Mexican Lasagna	Breakfast Bar	Potato Bar	Italian Bar	Chicken Bar
	Made to order sandwiches. Choose from White, Wheat or Specialty Bread Turkey, Ham, Roast Beef, Chicken Salad or Tuna Salad				
 	Chicken Sandwich, Chicken Tenders, French Fries, Pizza, Pizza Sticks, Breadsticks, Hot Wings & More				